

National PTA Resource Document

Food Insecurity

1. Support your school district's meal pick up and deliveries with additional meals/groceries/food supports.

Connect with your school administration to let them know your PTA plans to help fund or support extended meal distribution (ex. with additional food or meals for the weekend, meal packages, etc.). Also, connect with your District or Council PTA to find out if there is a school nutrition director for your school district that you can contact.

Who to consult: PTA Board, District or Council PTA, your school administration, school counselors, School Social Worker, local businesses, local nonprofits

2. Connect with Local Food Bank(s).

Organize information to let families know how to access these resources in your community: Where it is, how to get there, when it is open, what to do when they arrive. Distribute this information via electronic communication, such as email and social media, but also consider using your funds to print flyers (English/Spanish) that can be distributed via your school or district meal pick-up/drop off service.

Who to consult: PTA Board, District or Council PTA, School administration, school support staff such as the School Social Worker, local businesses, local nonprofits

3. Help Food Pantries Identify New Locations.

Ideally, families should not have to travel far to get to a food pantry. To increase accessibility for those most in need, identify convenient locations to families' homes. This could be at your school, the library, community center, or other central locations. Connect with local food banks and non-profits to advocate for and support satellite food pantry locations.

Who to consult: PTA Board, District or Council PTA, school administration, school support staff such as the School Social Worker or school counselors, local nonprofits

4. Assist in Diverting Food Waste

Connect with local grocery stores, restaurants, businesses, and your school administration to distribute excess food to families. If your school or another organization has excess food from distributions and it is still safe to eat, help get the food to families in need by setting up a food pantry or adding it to existing meal distributions.

Who to consult: PTA Board, District or Council PTA, school administration, school support staff, local businesses, local grocery stores and restaurants, food banks, and local non-profits

Food Insecurity Resources

National PTA [Website](#) COVID 19 Resources

What is being done to ensure vulnerable youth have access to school meals?

- [USDA Food and Nutrition Services Website](#)

Additional Resources

- [School Meal Finder](#)
- [FAQs on Child Nutrition Program Options Available During School Closures Related to the Coronavirus](#)
- [No Kid Hungry Meal Finder: https://www.nokidhungry.org/find-free-meals](https://www.nokidhungry.org/find-free-meals)
- [Best Practices to Help Schools and Community Partners Respond to Food Security Needs](#)

Success Stories

- [East Orange PTA mom organizes school meal deliveries for needy families](#)
- [PTA groups rally to shore up food resources](#)
- [Penn-Kidder PTA hands out food items](#)
- [Carlsbad Unified parents spearhead family-to-family food drive](#)